

Hello ACEs community and guests,

We hope you are [finally] enjoying the cooler weather.

Our Quarterly meetings for 2025 will begin in January 2025. Keep an eye out for more details.

Updates from our last quarterly meeting include:

Aces Training Committee

33 new Trainers from Fall training- Wrapped up COP min seminar, recaps of this will be posted on YouTube channel soon - look out for them.

Trauma Sensitive Schools

Looking for presenters. If interested, email Jennifer.Blau@bannerhealth.com

Please note: They will be taking January off and meeting again on Feb. 5th via Zoom. <https://us06web.zoom.us/meeting/register/tZctcumurT4pGdlU8E7CmfaimBRxpLLKW6>

Southern AZ Trauma Response Network

Also looking for Presenters, around Trauma Response, or Prevention to Trauma. If interested, contact Alice and the team at satintucson@gmail.com

Board updates

Looking for two new Board members with experience in fundraising, business development, and/or physician in the medical field.

If interested, email Angie Burleson at angiemburleson@gmail.com

Summit update

Please share this link with your network and help us grow the trauma informed movement! Registration closes December 10th.

For more information and agenda descriptions you can go to: <https://azaces.org/summit2024>



Awareness Observation Days

December

- International Day of Disability, December 3rd
- National Call a Friend Day, December 28th
- Seasonal Affective Disorder (SAD) Awareness Month
- World AIDS Awareness Month
- Universal Human Rights Month

January

- Self-Love Month
- National Stalking Awareness Month
- National Poverty in America Awareness Month
- Mental Health Awareness Day, January 23rd

Additional Resources

- [Arizona Trauma Institute](#)
- [Child Crisis Arizona](#)
- [Governor's Office of Youth, Faith, and Family](#)

AZ ACES Subcommittee Highlight:

The Trauma Sensitive Schools (TSS) Work Group

What goals or objectives around ACEs has your committee/agency set out to achieve?

The Trauma Sensitive Schools (TSS) work group aims to equip educators, school staff, and community partners with the knowledge and skills necessary to recognize and respond to the effects of trauma on students.

One of the biggest goals of the workgroup is centered around offering trainings and presentations that include building a deeper understanding of how trauma impacts learning, behavior and emotional regulations. The trainings and presentations also focus on ways to create a safe space and build supportive classroom environments.

Another area that the workgroup provides support and training is around the promotion of self-care for educators and school staff, fostering empathy and looking at ways to align school policies and practices with trauma informed principals. The ultimate goal is to help students feel understood, supported, safe, and empowered to succeed.

For more information, please contact leader,

Jennifer A. Blau at
Jennifer.Blau@bannerhealth.com

Additional ACEs Opportunities

- Looking for ACEs trainings for early childhood? Contact patsy.rethore-larson@azed.gov
- Interested in linking ACEs with Dr. Bruce Perry's Neurosequential Model in Caregiving? Contact jestamm@arizonaschildren.org
- First Things First College Scholarship for Early Childhood Professionals open for Spring 2025 semester - <https://azearlychildhood.org/about/scholarships-and-incentives/>

Info/Facts

Adverse Childhood Experiences, or ACEs can significantly affect how people feel about themselves and their ability to love themselves. Those who go through many ACEs may find it hard to see themselves in a positive light, making it tough to practice self-acceptance. Understanding how ACEs relate to self-love can help people heal, as they learn to recognize how their past affects their present feelings. Building self-love often means changing negative thoughts and becoming stronger, which is especially important for those with ACEs. In the end, learning to love oneself can help individuals break free from the struggles of their past and develop a healthier self-image.

ACEs Upcoming Events:

11th Annual ACEs & Resilience Summit Virtual, December 9-12

Regional Events – 11th Annual ACEs & Resilience Summit, Dec 12. Watch parties will be in Queen Creek, Safford, & San Luis

Interfaith Committee Upcoming Events:

- Interfaith Committee & AZTIFC -Creating Communities of Belonging Training Saturday, 1/11/25, 9-3 pm <https://youtu.be/4WsyARMuAb0-Church>
- Mental Health Conference Saturday, 2/01/25, all day, Bethel Church in Chandler
- Restore 2025 Conference Fri-Sat, February 7&8, Pre-conference (2/06/25) <https://julieroys.com/restore/>
- Communities of Belonging Interfaith Breakfast Thursday, 2/13/25, 8 am
- First Christian Church of Phoenix -Communities of Belonging Workshops Saturday, 2/15/25, 9-2 pm
- Ascend Church in Tempe Sanghoon Yoo, thefaithfulcity@gmail.com

Check us out on Social Media:



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[AZ-Aces-Consortium](https://www.linkedin.com/company/AZ-Aces-Consortium)

www.azaces.org



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