



A collaboration of individuals and organizations that work together to make sure that all families can raise healthy children from the start.

## ACEs Quick Facts

### What are the risks?

ACEs increase risk for major causes of death in adults including smoking, alcohol abuse (with a 7x greater risk of abusing alcohol), use of illicit drugs (with a 10x greater risk of abusing drugs), suicide attempts (with a 12x greater risk of suicide attempts), promiscuity, obesity, and physical inactivity.

ACEs also increase:

- risk for chronic illness, cancer, fractures, heart / lung / thyroid / autoimmune diseases
- ADHD & behavior problems in kids; premature birth, greater challenges / difficulties in parenting
- anxiety, depression, PTSD, self-harm, suicide, low life satisfaction, poor academic achievement
- unintended pregnancy & paternity, intimate partner violence, increased number of marriages
- injuries, intentional and not, ex; motor vehicle accidents/shootings/stabbings and criminality

### We all have a role in preventing ACEs

#### LEARN to PREVENT ACEs

ACEs can impact kids' health and well-being. They can have long-term effects on adult health and wellness. Their consequences can affect families, communities, and even society.

Thankfully, ACEs are preventable!

Learn about risk and protective factors for ACEs, their outcomes, and strategies you can use to reduce childhood adversity and stop it in the first place.

[Preventing Adverse Childhood Experiences | VetoViolence \(cdc.gov\)](https://www.cdc.gov/violenceprevention/aces/)

## Prevention Information

### *Risk factors*

Research shows that a combination of individual, relational, community, and societal factors contribute to the risk of experiencing child abuse and neglect. For example, some risk factors include parental history of child abuse or neglect, limited parenting knowledge or skills, and families and communities experiencing social isolation and violence.

### *Protective factors*

Research is helping identify factors that help reduce the risk of child abuse and neglect. Nurturing, safe, and stable family relationships, supportive communities, and access to health and social services, are promising protective factors.

## Strengthen Your Prevention Toolkit

Dive deeper into topics about violence prevention programs and practice, such as how to address risks shared by different forms of violence or how to effectively build partnerships. Each tool and training will equip you with a unique set of skills that can bolster your work to stop violence before it starts.

[VetoViolence | Resources for violence prevention \(cdc.gov\)](https://www.cdc.gov/violenceprevention/)

## Child Abuse Prevention Conference



The 29th Arizona Child Abuse Prevention Conference will take place July 18-19, 2023! This annual event brings together hundreds of child welfare and well-being professionals from across the state to collaborate, be inspired, and take home tools to strengthen families and protect children.

This year's theme is "I Am Prevention." Through the power in your actions, you can sustain, expand, and build upon current efforts toward the shared vision of an Arizona free of child abuse.

Regular Registration | May 1-July 7, 2023: \$380  
Late Registration (if available) | July 8-12, 2023: \$425  
Onsite Registration (if available) | July 18-19, 2023: \$500  
[CAP Conference - Prevent Child Abuse Arizona \(pcaaz.org\)](http://pcaaz.org)

## Upcoming Trauma Symposium

7th Annual

Trauma Sensitive Schools Symposium

June 6 @ 8:00 am - 3:00 pm MST

Registration is now OPEN!!!

You can register

at: [https://whova.com/portal/registration/tsss\\_202306/](https://whova.com/portal/registration/tsss_202306/)

### Want to Connect

Here is one of the many committees.  
Healing Historical Trauma

**Meetings/Location:** Second Tuesday of the Month at 10am- Virtually  
[https://us02web.zoom.us/webinar/register/WN\\_IbCbyzntQFqUIleBhLH7Pg](https://us02web.zoom.us/webinar/register/WN_IbCbyzntQFqUIleBhLH7Pg)

### Committee Chair:

Iya Affo, Family Support Specialist,  
Red Mountain Behavioral Health

### More ACEs information:

- [Adverse Childhood Experiences Resources | Violence Prevention | Injury Center | CDC](#)
- [VetoViolence | Resources for violence prevention \(cdc.gov\)](#)
- [Chronic Illness ACE Fact Sheets To Educate Your Doctor \(Free Downloads\) - Chronic Illness Trauma Studies](#)

### Check us out on Social Media:



[@acesofarizona](https://twitter.com/acesofarizona)



[AZ ACE Consortium](#)



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