

# Parents of Parentally Bereaved Children Can Receive the Online Resilient Parenting for Bereaved Families Program for Free as Part of Participating in an Evaluation of the Program



Eligible parents receive the program immediately or 4 months later and complete two surveys as part of the evaluation

To find out more information about the eRPBF evaluation, please visit the “contact” page of our website and provide your information using the QR code below or at: <https://bereavedparenting.org/contact.html>



# Divorced Families Information Sheet For Referring Parents to eNew Beginnings: Inexpensive: \$49 for 6-week version \$69 for 10-week version



The eNew Beginnings Program is a fully online parenting program. It is your research-based solution to happier, healthier children during and after divorce or separation.

Because **you** are the most important person in your child's life, the eNBP focuses on you so you can help **your children**.

The simple but powerful skills the eNBP teaches have been shown to benefit children up to 15 years later. Benefits that have been demonstrated through careful research include:

- Better relationships with your children
- Less interparental conflict
- More effective discipline
- Less child anxiety and depression
- Less child aggression

The eNBP has the proof to support our results. Many parenting programs say they deliver benefits but none can support their claims as solidly as the eNBP.

But, don't just take our word for it, read what parents have to say.

"I liked that the program wasn't about placing blame, but about creating a positive environment. I will continue the program."

"I like the activities and homework and ideas on how to implement them and explain them to your children."

"I wouldn't change a thing about the program. It is wonderful."

"It got me and my children closer to each other."

"It opened new paths of ways to connect with my children"

"The homework was hands-on. Easy concepts. Provided good resources."

"There are several tools I used immediately that my kids are big fans of. I work in technology and found your interface, videos, an overall performance of the online tools be stronger than other programs I have tried in the past."

FULLY ONLINE

SELF-PACED

INTERACTIVE

Takes between 3 - 5 hours to complete

Separate programs for mothers and fathers

Use on your computer, tablet or phone

Printable worksheets and tip sheets

Starting at \$49

Take the first session for free!



## Professionals Working With Divorced Families:

How you can get  
access to the eNBP  
to learn how it can  
be useful to your  
families?

- We give unlimited access to the 6-week program for two weeks to check it out and see how the eNBP will look, feel and work for your families
- Send an e-mail with your information below to this address to request free access to either the mother or father 6-week program for two weeks.
- [familyfriend@divorceandparenting.com](mailto:familyfriend@divorceandparenting.com)
- First Name
- Last Name
- Company/Hospital/Clinic Name (their place of employment or name of business)
- City
- County
- State
- Phone Number
- e-mail address