

WHO WE ARE



The Resilience Coordinating Council of AZ supports the wellness of our teachers, staff, and schools to create a happy, healthy, and safe place for our children

"We must acknowledge that we are ALL impacted by ACEs. Therefore, as people and organizations, we need to be RESPONSIVE to trauma."

- Resilience Coordinating Council

HOW TRAUMA AND ADVERSITY IMPACTS SCHOOL COMMUNITIES

Teacher retention

Student learning gaps/state test scores

Student conduct/ suspensions/ absences

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IMPACTS IN ARIZONA

AZ SPECIFIC IMPACT			
17%	Students who reported experiencing a major depressive (MDE) episode (MHA, 2023)		
56%	Students who experience MDE <i>did not</i> receive treatment (MHA, 2023)		MHA, 2023
66%	Youth with untreated mental illness <i>do not</i> advance to college (MHA, 2023)	•	https://www.mhanational.org/issues/2023/ment health-america-youth-data Helios and ADE, 2021
22%	Current rate of chronic absenteeism (Helios, ADE 2021)	>	https://www.helios.org/media/zeckn0xp/brief-azchronic-absence-report_final-draft_with-appendix_proofed.pdf
25%	Of students reported missing school because they felt unsafe (AYS, 2022)	•	AYS 2022 https://www.azcjc.gov/Portals/0/Documents/pul YSReports/2022/AYS 2022%20 State Report NAL 09072022.pdf

HOW IS THE RESILIENCE COORDINATING COUNCIL SUPPORTING SCHOOLS?

With support from Vitalyst Health Foundation, the AZ ACEs Consortium established the Resilience Coordinating Council to engage leaders and community members statewide to develop, disseminate, and implement collaborative strategies to:

Increase baseline knowledge for all school staff and increase leadership development statewide

Enhance school employee wellness

Establish funding mechanisms to support traumaresponsive & resilient Arizona schools

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AZ ACEs Consortium Vitalyst Health Foundation Arizona Department of Health Services Arizona Department of Education AHCCCS Community Stakeholders across Arizona

Implementation of a trauma-responsive approach is an ongoing organizational paradigm shift in knowledge, perspective, attitudes, skills, and practices that deepen over time.

- Support from District Leadership, School Board, and School Leadership
- Developing meaningful relationships with students, staff, and the broader community
- Collaborative leadership and teamwork of the entire staff is crucial
- Coordinated approach to student and staff support and wellbeing across a range of physical and mental health needs
- Engaging student and family "voice and choice" in developing trauma responsive policies and environments
- Staff education on neurobiology, adversity, collective trauma, self-regulation and resilience
- Implement evidence informed strategies to mitigate the impact of toxic stress- e.g. exercise, nutrition, mindfulness, interacting with nature, and calming spaces
- Integrate history and culture into staff education, policy, and practice
- · Increase supports and wellness resources for staff

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OUR VISION

Through braided funding sources, all AZ schools have the desire, support, and funding to ensure full implementation of trauma responsive and resilient policies and practices.

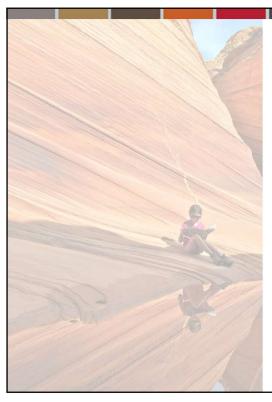


STATEWIDE OPPORTUNITIES

Arizona ACEs Consortium- Training; Facilitating interagency strategies

Arizona Department of Education- Webinars on their website

ESSR Funds-Elementary & Secondary School Emergency Relief Fund Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Mental Health Services (CMHS)- Cooperative Agreements for School-Based Trauma-Informed Support Services and Mental Health Care for Children and Youth (Short Title: Trauma-Informed Services in Schools)- FY23



OPPORTUNITIES FOR TRIBAL NATIONS

ADE School Health and Safety Team-Supporting Pinon Unified School FY18-23

Implementing the CDC Whole School, Whole Community, Whole Child (WSCC) Model which is a student-centered, unified, and collaborative approach designed to improve learning and health in schools.

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SCHOOL DISTRICT OPPORTUNITIES

Professional development funds

Title I funds



NORTHERN ARIZONA RESOURCES

Coconino County

- Building Community, LLC- Providing consultations, facilitation, and professional development for a service fee
- Coconino Coalition for Children and Youth- Membership dues and grants fund no-cost webinars and virtual training tailored to organizational needs; Facilitating interagency strategies.
- Coconino County Education Service Agency (CCESA)-ESSER funds FY22-25 Providing training and coaching to Coconino districts and schools at no cost
- Coconino County Public Health Services District- Strong As One- Youth Mental Health First Aid
- Flagstaff Unified School District- Funding school-based counselors and Restorative Practices
- Native Americans for Community Action- Mental Health First Aid and suicide prevention work

Northern Arizona

 SAMHSA(US DHHS) FY20-25- All students eligible for Medicaid can receive behaviorial health services within the school setting at no cost. Contact: Sarah Hester sarah.hester@healthchoiceaz.com or 913.206.5911.

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CENTRAL ARIZONA RESOURCES

- ADE School Health and Safety Team- Supporting Glendale school district FY18-23- Implementing the CDC Whole School, Whole Community, Whole Child (WSCC) Model- Student-Centered, unified and collaborative approach designed to improve learning and health in schools.
- AZ ACEs Consortium- Funding for Resilience Empowerment Project through Maricopa Department of Public Health- https://azaces.org/Maricopa
- SAMHSA(US DHHS) FY20-25- All students eligible for Medicaid can receive behavioral health services within the school setting at no cost. Contact grants@mercycare.org or 480.825.3311

SOUTHERN ARIZONA RESOURCES

- ADE School Health and Safety Team- Supporting Sunnyside Unified school district FY18-23- Implementing the CDC Whole School, Whole Community, Whole Child (WSCC) Model- Student-Centered, unified and collaborative approach designed to improve learning and health in schools.
- ASU School of Social Work- Promoting culturally centric, trauma-informed, and resilience-building health interventions.
- · National Center for Community Health and Resiliency/ ASU Center for resilient Families (FY21-24)-
 - 1. For community health care workers: Specialized training to deliver culturally responsive interventions to children and families experiencing traumatic stress.
 - Study- Creating national performance indicators, conducting special studies, and providing technical
 assistance for 68 sites. Researchers will examine how the interventions by
 were implemented and will recommend practices and policies for improvements.
- SAMHSA(US DHHS) FY20-25- All students eligible for Medicaid can receive behavioral health services within the school setting at no cost. Elizabeth Barry ebrary@azcompletehealth.com or 520.809.6531

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Campaign for Trauma-Informed Policy & Practice advocacy@ctipp.org

GRANTS

Federal Grants related to addressing trauma for:

- State entities
- County entities
- 501c3 entities
- Tribal Nations
- Institutes of Higher Education

NEXT STEPS CALL TO ACTION

Complete a trauma-sensitive self-assessment: https://dpi.wi.gov/sspw/mental-health/trauma/evaluation

For webinars and resources visit:

- 1. https://azaces.org
- 2. https://www.azed.gov/improvement/trauma-sensitive
- 3. https://coconinokids.org

Contact an organization in your area named in this presentation to request consultation, training, and program support.

Join the AZ ACEs Consortium!

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SOME OF THE AZ SCHOOLS ALREADY DOING THE WORK Central: Northern: Southern: ✓ Glendale, Mesa, Phoenix, Balsz √ FUSD Killip ✓ Sunnyside Unified Elementary Elementary and School District Madison School √ FUSD Summit **Districts** High School ✓ Tempe Union High School District (2 ✓ Pinon Unified School schools) ✓ AZ State School for the Deaf and the Blind ✓ Numerous charter schools



