

CREATING RESILIENT ARIZONA SCHOOLS



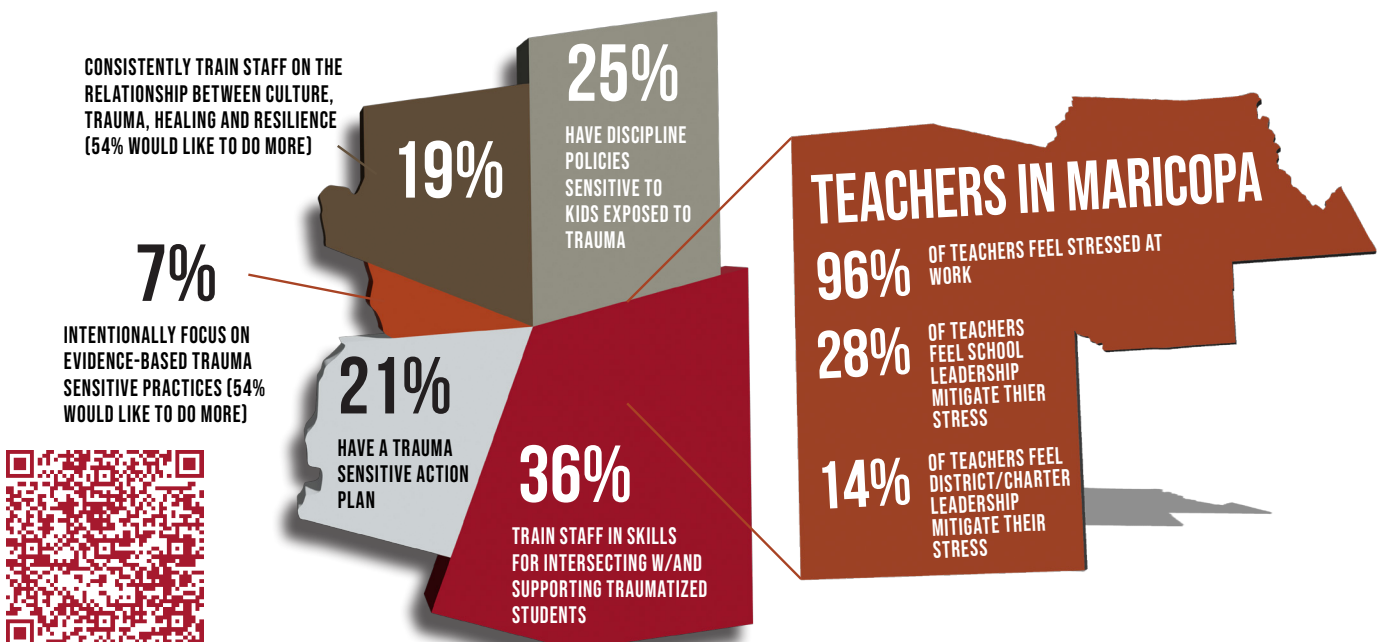
WHO WE ARE

The Resilience Coordinating Council of AZ supports the wellness of our teachers, staff, and schools to create a happy, healthy, and safe place for our children.

WHAT WE DO

- Establish a Baseline of Knowledge for Increasing School & Leadership Development
- Enhance School Employee Wellness
- Establish Funding Mechanisms to Support Resilient Arizona Schools

WHY WE DO IT



For more information, contact azaces.org/resilient-schools

BUILDING RESILIENCE TO LESSEN THE EFFECTS OF ADVERSE CHILDHOOD EXPERIENCES



RECOMMENDATIONS



TEACHERS/COMMUNITY

- Enhance understanding of traumas impact on the brain and body
- Engage in healthy communities that builds support & relationships
- Collaborate and advocate for healthy expectations at schools



DISTRICTS/ADMIN

- Understand how resiliency impacts organizational and systems level change
- Engage cross collaborative resiliency council to enhance leadership priorities
- Reduce barriers to a healthy work life balance for school and community



ELECTED OFFICIALS

- Understand the intersection of policy and trauma and the impact on community health
- Participate in coalitions/ councils supporting trauma responsive schools
- Allocate resources to support the development of trauma responsive schools

AREA OF GREATEST NEED

- Educational opportunities for staff on the impact of trauma and science of resilience
- Designated time for peer collaboration to learn and work on Trauma Responsive Practices
- Funding and leadership development to support staff wellness



PRIORITY FOCUS

- Improve mental health and well-being to positively impact the retention of all school personnel.
- Greater connectedness among staff to increase sense of safety for staff and students.
- Create learning environments that foster healing and build relationships to improve student learning and reduce chronic absenteeism.

“THE MORE HEALTHY RELATIONSHIPS A CHILD HAS, THE MORE LIKELY THEY WILL BE ABLE TO RECOVER FROM TRAUMA AND THRIVE. RELATIONSHIPS ARE THE AGENTS OF CHANGE AND THE MOST POWERFUL THERAPY IS HUMAN LOVE.”

BRUCE PERRY, MD

