

Connection Problem Solving Worksheet for Schools

Challenging Behaviors	Triad of Connection
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Questions to Ask Yourself	Action Steps to Meet Child's Needs	Follow Up How did it Work?
How can I help the child feel Safe?	Steps to Safe:	Date: Results:
How can I help the child feel Seen?	Steps to Seen:	Date: Results:
How can I help the child feel Soothed?	Steps to Soothe:	Date: Results:
How can I help the child feel Secure?	Steps to Secure:	Date: Results: