

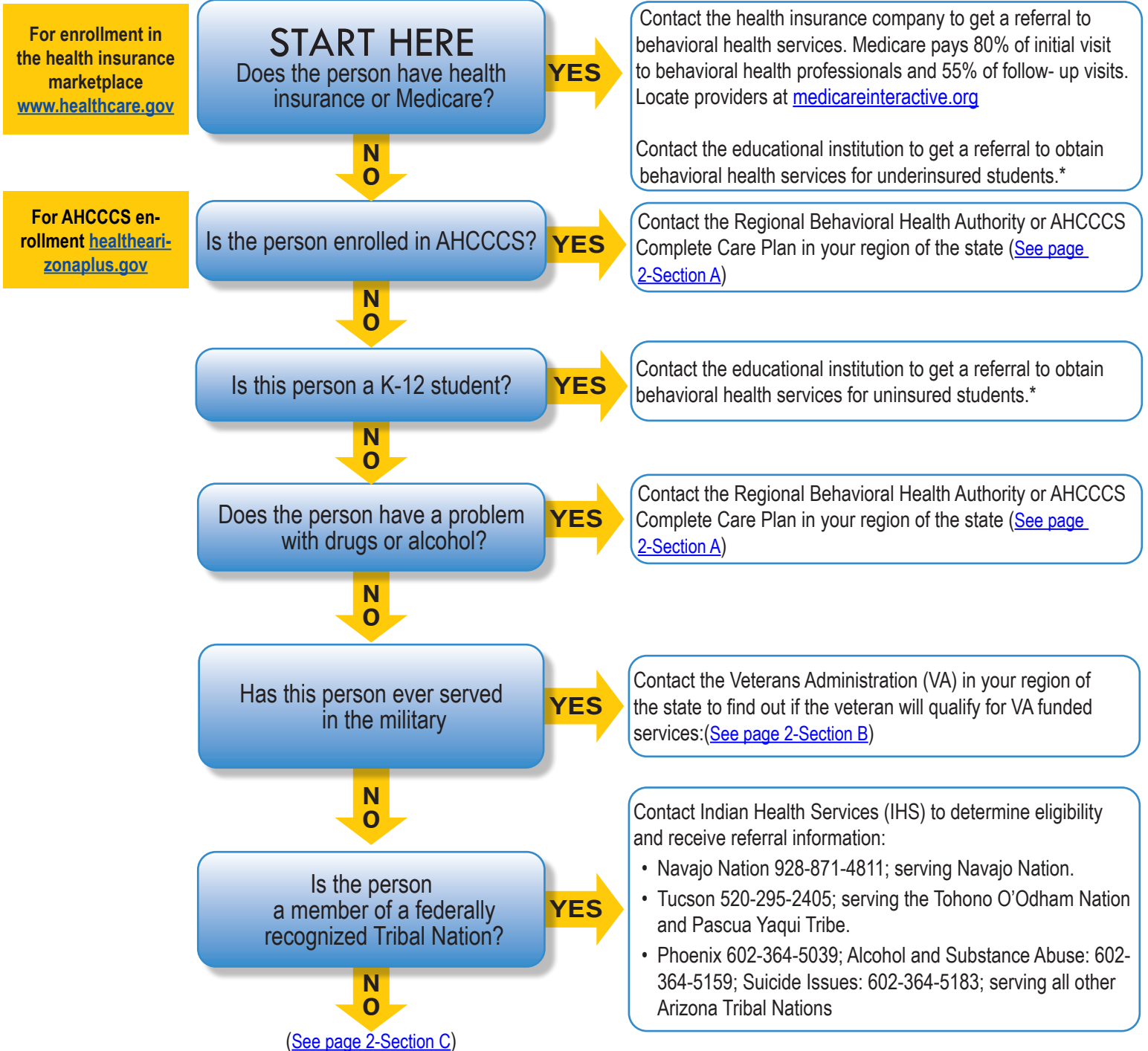
DOES THE INDIVIDUAL APPEAR TO BE AN IMMEDIATE DANGER TO HIS/HER OWN SAFETY OR TO THE SAFETY OF OTHERS?

CALL 911

DOES THE INDIVIDUAL APPEAR TO BE IN NEED OF MENTAL HEALTH ASSISTANCE RIGHT AWAY?

SEE CRISIS SERVICES

Accessing/Paying for Behavioral Health



*Senate Bill 1523 established the Children’s Behavioral Health Services Fund (CBHSF) in 2020 to assist with increased access for behavioral health services. Written parental consent for behavioral health services will be requested.

SECTION A

Tribal and Regional Behavioral Health Authorities and AHCCCS Complete Care Plans By Region

Note: latest website and 24-hr line information can be found at www.azahcccs.gov

Tribal and Regional Behavioral Health Authority (TRBHA / RBHA):	County or Tribal Nation Served
Arizona Complete Health-Complete Care Plan www.azcompletehealth.com/completecure and 1-888-788-4408	Gila, La Paz, Pima, Pinal, Yuma, Graham, Greenlee, Santa Cruz, and Cochise
Gila River TRBHA: www.gilariverrbha.org and 1-888-484-8526 ext. 7100	Gila River Indian Community
Mercy Care: www.mercycareaz.org and 1-800-624-3879	Maricopa
Navajo Nation TRBHA: www.nndoh.org/dbhs and 1-866-841-0277	Navajo Nation
Health Choice Arizona: www.HealthChoiceAZ.com and 1-800-322-8670	Apache, Coconino, Mohave, Navajo, Yavapai
Pascua-Yaqui TRBHA: www.pascuayaqui-nsn.gov and 520-879-6060	Pascua Yaqui Tribe
White Mountain Apache TRBHA: www.wmabhs.org and 928-338-4811	White Mountain Apache Nation
ACC Plan	Geographic Service Area (GSA) Served
Care1st Health Plan: www.care1staz.com and 1-866-560-4042	North, Central
Health Choice Arizona: www.HealthChoiceAZ.com and 1-800-322-8670	North, Central
Magellan Complete Care: www.mccofaz.com and 1-800-424-5891	Central
Mercy Care: www.mercycareaz.org and 1-800-624-3879	Central
Banner-University Family Care: www.bannerufc.com/acc and 1-800-582-8686	Central, South
UnitedHealthcare Community Plan: www.uhccommunityplan.com and 1-800-348-4058	Central, South
Arizona Complete Health-Complete Care Plan: www.azcompletehealth.com/completecure and 1-888-788-4408	Central, South

SECTION B

Veterans Administration (VA) by Region

VA Health Care System	Counties Served
Phoenix: 602-277-5551	Gila, Maricopa
Northern Arizona: 928-445-4860	Apache, Coconino, Mojave, Navajo, Yavapai
Southern Arizona: 520-792-1450	Cochise, Graham, Gila, Greenlee, La Paz, Pima, Pinal, Santa Cruz, Yuma

SECTION C

Additional Resources

Some free or low cost support services may be obtained from sliding fee scale clinics, community organizations, and/or places of worship. Some examples of free or low/cost no cost support services are listed below:

The Arizona Department of Financial Institutions: offer free counseling service to those behind on mortgage payments or facing foreclosure, 877-448-1211. SOS Non Title 19 Resource Hotline: (602) 759-8175.

Transitional Living Centers "TLC": Helping recovering substance abusers rebuild their lives since 1992 www.transitionalliving.org.

Family Involvement Center "FIC": Select "Services" then "Classes/Support Groups" <http://www.familyinvolvementcenter.org>. NAMI AZ: Select your local affiliate and select "Support Groups" www.namiaz.com.

MIKID AZ: Select "Programs and Services" and select "Family Support" www.mikid.org/.

Stand Together and Recover (STAR) Centers: Peer Support and Recovery Centers: www.thestarcenters.org.

Substance Use Support:

- National Drug and Alcohol Referral Routing Service: 1-800-662-HELP (4357), press "2" for Spanish or: <http://findtreatment.samhsa.gov>.
- Alcoholics Anonymous (AA) meeting locator: <http://www.area03.org/AA-Meetings>.
- Narcotics Anonymous (NA): 1-818-773-9999; online arizona-na.org.

Suicide Prevention Resources:

- National Suicide Prevention Lifeline: 1-800-273-TALK (8255), press "1" for veteran support; online www.suicidepreventionlifeline.org
- National Suicide Prevention Lifeline in Spanish: 1-888-628-9454.
- The Trevor Hotline (Suicide Prevention Hotline for gay and questioning youth): 1-866-488-7386; online www.thetrevorproject.org
- Teen Lifeline: 1-800-248-TEEN (8336); online teenlifeline.org.
- Low cost/no cost support groups: www.mentalhealthamerica.net/find-support-groups.