

Trauma Sensitive Schools Workgroup

November 4, 2020
4:00pm-5:30pm
Virtually over Zoom

Rebecca Liemkuehler opened meeting at 4:02pm

- Welcomed group
- Agenda

Angie Geren announced registration for the 7th Annual ACEs Summit/26th Statewide Child Abuse Prevention Conference- <https://pcaaz.org/cap2020/> and the Innovative Practitioner or Program Award nomination survey is open- <https://forms.gle/ZWP7gVKZTdh1VN576>

The schools workgroup is hosting a panel discussion at the conference on Integrative Trauma Informed Practices for Schools and will be presenting the award on the last day.

Laura Wiggins announced that Vitalyst Health is working with the Schools group to get data on trauma informed school practices. Vitalyst will be sending surveys to all school counselors and administration. Please spread the word.

Rebecca led the group in a mindful meditation

Guest Speaker: Dr. Eric Gentry- erigent@icloud.com

- Presentation on “Forward Facing Professional Resilience- Prevention of Compassion Fatigue”
- Dr Gentry Links shared:

1. Perceived Threat & the ANS: <https://youtu.be/yS2XWxwKPrE>
2. Self-regulation: https://youtu.be/a-75W_7sV7Y
3. Forward-Facing Trauma Therapy: <https://youtu.be/MNwb9L4DPd4>

- Self-Regulation for Educators

<https://www.youtube.com/playlist?list=PLshbRkri8LTMUNEyXgbvbpmLtZ5yilVZY>

New Business:

- New business was announced at the beginning of the meeting with no new business following.

Next meeting is Wednesday, December 2, 2020 from 4:00pm-5:30pm virtually over Zoom.

Rebecca closed meeting at 5:20pm